

# Overview

Parents often become aware of Psychoeducational Assessments (PEAs) when their child's school has observed cognitive issues, learning disabilities and/or other social behavioural issues in their child. As a result, the school may recommend or request an official PEA. A PEA is administered by a Registered Psychologist who utilizes standardized tests, observations, interviews, and school records to develop a complete understanding of the individuals academic and cognitive abilities. A PEA identifies the child's strengths and weaknesses and recommends a psychological, social, and academic plan to best support the child's unique goals in school and in life.

Parents are able to request a PEA if they are seeing their child struggle. It does not have to be up to the school to recommend one being completed.

With PEAs there is the possibility of receiving a diagnosis at the end.

# FAQ

## **How many sessions will a PEA take?**

Typically the PEAs are booked as 2 sessions to start out with, the first being 1 -hour phone call with the Psychologist and a 2.5-hour session booked with the child and the Psychologist. After the first session with the Psychologist will be able to know approximately how many more sessions will be needed.

## **Can you direct-bill my insurance company?**

We do NOT direct-bill insurance companies. You will receive a receipt at the end of the process that you can use to submit to your insurance company.

## **Is the cost of a PEA a flat rate?**

No, as there are many testing requirements that may come up. This would mean that there may be additional costs in order to diagnose your child. For example, the Psychologist may suggest that your child sees our Occupational Therapist for an assessment which would be an additional cost.

## **When will I get my report?**

After the last session with the child, you will book a phone debrief with the Psychologist for approximately 30 days later. The Psychologist will send you a draft of the report the night before your phone call so that you can look over it and make changes.



## WHAT IS A

## PSYCHOEDUCATIONAL

## ASSESSMENT?



Level Up Leadership  
& Psychology  
5021A 52 Ave  
Beaumont, AB  
780-886-4345

# ADDITIONAL TESTING

Sometimes there will be additional testing required that will not be covered in the psychoeducational assessment. This means that there may be additional costs. The psychologist administering the assessment will discuss with you the options and pricing.

**Level Up offers the following additional testing:**

- Speech and Language Pathology Evaluations
- Occupational Therapy Evaluations



# WHAT IS INCLUDED IN THE REPORT?

- an IQ &/or cognitive function,
- grade level performance vs achievement,
- behaviour &/or social skills,
- variety of recommendations based on your child's strengths versus weaknesses

You will receive a **15-20 page hard copy comprehensive report**. When appropriate a diagnosis may be provided that aligns with the Diagnostic and Statistical Manual of Mental Disorders - 5th Edition (DSM-V) and Special Educational Coding Criteria. These reports provide a better understanding of your child's learning style, so they can be better supported by teachers and parents.

**Please note, there may be times when additional testing may be recommended that may not be covered in the psychoeducational assessment. Further testing may be recommended by your psychologist.**

# PSYCHOEDUCATIONAL TIMELINE

In total, a psychoeducational takes ~16 hours to complete each. The timeline consists of an information gathering session with parents or guardians, observations conducted by school personnel, testing by a qualified psychologist, behavior and personality assessments. Personality assessments are only completed for Adult assessments. This graphic displays the timeline for a psych-ed assessment.

